

School Conversation Guide #2

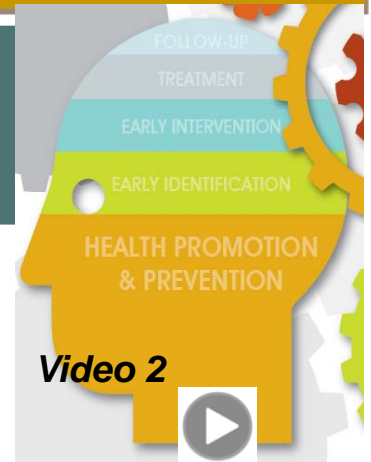
Edmonton Catholic Schools Mental Health Strategic Plan

How can school staff be effective Go To Educators?

Resources:

The Edmonton Catholic School District Mental Health Strategic Plan provides opportunities to further develop your understanding of mental health and build awareness about tools and strategies to support all students' mental health.

[ECSD Mental Health Strategic Plan](#)



Go To Educator materials [Go To Educator Link](#)

Key Understandings:

- ⇒ Go To Educators learn to do the following:
- ⇒ Go To Educators are school staff members who students naturally go to for help in the school setting
- ⇒ Go To Educators bring a higher level of contextualized mental health knowledge to the school setting
- ⇒ Go To Educators link the student to appropriate resources
- ⇒ Go To Educators provide on-going support to the student
- Alberta Health Services is a collaborative partner with school authorities in supporting mental health literacy
- Since 2016, Edmonton Catholic schools has provided Go To Educator Training to staff to develop schools' capacity and knowledge relative to student mental health.

Questions for discussion:

- What am I doing as a Go To Educator within my school setting to support student mental health?
- How do you create environments where students feel a sense of belonging and value within the school community?
- What is one strategy that I can take back to my classroom or school tomorrow?

For more information:

Go To Educator New Staff Training:

Andrew Baxter AHS—November 9 & 16, 2017
[Mental Health Session Registration](#)

Visit ECSD SharePoint:

Learning Services Innovation, Inclusive Education - Mental Health
[ECSD Mental Health SharePoint](#)

MORE

Mental Health Online Resources for Educators
www.hmhc.ca

Walk Around: [Walk Around Teacher Tool](#)

