

An individual student behaviour plan may help guide staff and instill confidence, while empowering them to address the individual student behaviour within the current context.

This learning guide is designed for use by instructional leaders and learning communities, or as a self-paced study to explore school-wide behavioural supports.



This learning guide is intended to be used after viewing the video clip [Developing and Implementing a Behaviour Plan](#).

Big idea: Staff at Anne Fitzgerald School felt supported by the emotional behaviour specialist and were confident in addressing challenging behaviours using a structured plan.

Key understandings:

- An effective tool used in positive behaviour supports is a behaviour plan.
- A behaviour plan is a document that is created with a solution-focused and goal-oriented intent to support a student in an inclusive classroom environment.
- A behaviour plan can include information on a student's background, the goal for the student, the student's current success with the goal, strategies to support the student in working towards the goal, and a system for monitoring student progress.
- A behaviour plan can be a collaborative document created by multiple people or a document created by a classroom teacher, similar to an individualized program plan.
- A behaviour plan is shared with and reviewed by the student's family or caregivers with opportunities for them to provide feedback and input.
- Ongoing data collection is essential in assessing the impact of strategies on behaviour. Data collecting can include graphing, checklists, video and journaling.

Questions for discussion:

- Which universal design for learning strategies are already effective in supporting students in your school and/or classroom and are included on the student behaviour plan?
- For which behaviour(s) do you want to start collecting baseline data? Which behaviours are challenging and interfering with the student's learning and/or other students' learning?
- How will you collect data?
- How will you use data to determine whether the strategies are effective or need to be changed on the student behaviour plan?

For more information:

Alberta Education (2007). "Individual behaviour support plans." Retrieved from learnalberta.ca/content/inspb1/html/10_individualbehavioursupport.html.

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